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District Governor

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Club President

Rtn. Vanishree Rao
Club Secretary

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Club Service

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Vocational Service

Rtn. B Karunakar
Shetty
Community Service

Rtn. Subhas Bangera
International Service

Rtn. Rtn. Dr Girija A
New Generation Service

District Projects

Clean Environment for Good Health
Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do
- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Rotary Club Manipal : Joint Meeting
with RC Parkala & RC Manipal Hills
Date: 05.05.2026, **Venue:** Rotary Hall, Manipal
Theme: *Autism & Awesome Moms*
Speaker: Dr. P. V. Bhandary

(A. V. Baliga Hospital, Udupi), Dr. Supriya Pai,
Mrs. Roopa Naik, and Mrs. Alaka Neelavara
(Autism Society of Udupi)

Meeting Coordinator: Rtn. Dr Virupaksha Devaramane

No. of Participants: 55



Overview

The Rotary Club of Manipal, jointly with RC Parkala and RC Manipal Hills, organized a meaningful program on “Autism & Awesome Moms” at Rotary Hall, Manipal. Held ahead of Mother’s Day, the event celebrated the resilience and dedication of mothers raising autistic children while promoting awareness, acceptance, and inclusion in society. The inspiring experiences shared by the speakers highlighted the importance of empathy, companionship, and community support for autistic children. The program reflected Rotary’s commitment to community development and social responsibility through impactful awareness initiatives.

With Mother’s Day approaching, the Rotary Club of Manipal, jointly with RC Parkala and RC Manipal Hills, organized a special program themed “Autism & Awesome Moms.” The event celebrated the strength, perseverance, and unique journeys of mothers raising autistic children, while promoting awareness, empathy, and inclusivity within society.

The meeting was coordinated by Rtn Virupaksha Devaramane, President of the Autism Society of Udupi, and reflected Rotary’s continued focus on community development and social welfare initiatives.

The meeting was presided over and called to order by President Rtn Shashikala Rajavarma, who warmly welcomed the gathering. The *Thought for the Day* was presented by Rtn Ravindra Acharya from RC Parkala, followed by Rotary Information shared by Rtn Shreelatha Maiya, Secretary of RC Manipal Hills.

The program was the heartfelt sharing session by three inspiring mothers — Dr. Supriya Pai, Mrs. Roopa Naik, and Mrs. Alaka Neelavara — who openly spoke about their experiences, challenges, and emotional journeys while raising autistic children. The speakers stressed that autistic children do not seek special treatment, but

rather understanding, friendship, and supportive companions who can help them integrate confidently into society.

Dr. P. V. Bhandary appreciated the courage and confidence of the mothers in sharing their stories and supported their views on the importance of awareness and community support. He also expressed gratitude to the Rotary Club of Manipal for its continued collaboration with A. V. Baliga Hospital and Kamal A. Baliga Charitable Trust in organizing social awareness programs.

Adding a joyful and heartwarming touch to the event, the Awesome Moms performed a dance that entertained and inspired the audience. The beautiful artwork displayed by autistic children, which reflected their creativity and talent.

As a gesture of recognition and encouragement, all the mothers of the Samveda group, along with Rtn Jaivittal, Rtn Vijayalaxmi, and Rtn Suguna, were honored with sashes titled “Awesome Mom/Dad” in appreciation of their patience, strength, and unwavering support in helping children thrive. Gifts were also distributed to the children.

The meeting concluded with announcements and a vote of thanks proposed by Secretary Rtn Vanishree Rao, followed by the National Anthem and a group photograph.

Club Service



Rotary Information

By Rtn Shreelatha Maiya, Secretary, RC Manipal Hills

What is a Rotary? Rotary means the practice of meeting in rotation at the members various places of business. Rotary International: Rotary International is a global Service organization comprising over 1.2 million business, professional and community leaders in 45,000 clubs. This organization was founded on February 23rd in 1905 by Paul Harris in Chicago. It mainly focuses on promoting peace, fighting diseases (notably polio), providing clean water and supporting education.

Motto of Rotary: Service above Self.

Rotary theme for the year 2025-26: Unite for Good. This theme focuses on strong striving Connections, encouraging collaboration.

Core Values of Rotary: Service, Fellowship, Diversity, Integrity and Leadership.

4-Way Test of Rotary:

Of the things we think, say & do

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?



Thought for the day

by Rtn Ravindra Acharya from RC Parkala.



ವಿದ್ಯಾ ದದಾತಿ ವಿನಯಂ ವಿನಯಾದ್ ಯಾತಿ ಪಾತ್ರತಾಮ್ | ಪಾತ್ರತ್ವಾತ್
ಧನಮಾಪ್ನೋತಿ ಧನಾತ್ ಧರ್ಮಂ ತತಃ ಸುಖಮ್ ||

ಕನ್ನಡ ಅರ್ಥ: ವಿದ್ಯೆಯು ವಿನಯವನ್ನು ನೀಡುತ್ತದೆ; ವಿನಯದಿಂದ ಯೋಗ್ಯತೆ ಬರುತ್ತದೆ.
ಯೋಗ್ಯತೆಯಿಂದ ಧನ ಪ್ರಾಪ್ತವಾಗುತ್ತದೆ; ಧನದಿಂದ ಧರ್ಮ, ಮತ್ತು
ಧರ್ಮದಿಂದ ಸುಖ ಲಭಿಸುತ್ತದೆ.

ಶಿಕ್ಷಣವು ಮಾನವನ ಜೀವನದ ಅತ್ಯಮೂಲ್ಯ ಆಸ್ತಿಯಾಗಿದೆ. ಅದು ಕೇವಲ ಪುಸ್ತಕದ ಜ್ಞಾನವಲ್ಲ, ಬದಲಿಗೆ ಜೀವನವನ್ನು ಬೆಳಗಿಸುವ ದೀಪವಾಗಿದೆ. ಶಿಕ್ಷಣವು ನಮ್ಮ ಆಲೋಚನೆಗಳನ್ನು ವಿಸ್ತರಿಸುತ್ತದೆ, ಸಂಸ್ಕಾರವನ್ನು ನೀಡುತ್ತದೆ ಮತ್ತು ನಮ್ಮನ್ನು ಸಮಾಜದ ಜವಾಬ್ದಾರಿಯುತ ನಾಗರಿಕರನ್ನಾಗಿ ರೂಪಿಸುತ್ತದೆ. ಧನವನ್ನು ಕಳ್ಳರು ಕದಿಯಬಹುದು, ಆಸ್ತಿಯನ್ನು ಯಾರಾದರೂ ಕಸಿದುಕೊಳ್ಳಬಹುದು; ಆದರೆ ಶಿಕ್ಷಣವೆಂಬ ಸಂಪತ್ತನ್ನು ಯಾರೂ ಎಂದಿಗೂ ಕದಿಯಲು ಸಾಧ್ಯವಿಲ್ಲ. ಬಡವನಾಗಲಿ, ಶ್ರೀಮಂತನಾಗಲಿ ಶಿಕ್ಷಣದ ಮುಂದೆ ಎಲ್ಲರೂ ಸಮಾನರು. ಆದ್ದರಿಂದ ಪ್ರತಿಯೊಬ್ಬರೂ ಶಿಕ್ಷಣವನ್ನು ಪಡೆದು ತಮ್ಮ ಬದುಕನ್ನು ಬೆಳಗಿಸಿಕೊಳ್ಳಬೇಕು ಮತ್ತು ದೇಶದ ಪ್ರಗತಿಗೆ ಕೊಡುಗೆ ನೀಡಬೇಕು.

Rotarians in Action



Congratulations to John Aarush Amit Nayak, S/o AG Rtn Amit Nayak!!



08.05.2026: Rotarians of RCM attended the Brahmapadasham of Vihan Karanth, Grand Son of Rtn P Ravi Karanth at Mangalore and wished him a bright future



06.05.2026: Celebrating the Birthday of the first Lady President of our Club Rtn Indra Rao at her residence. President Rtn. Shashikala Rajavarma, Rtn Farida & Rtn Renu.



03.05.2026: Congratulations to John Ethan Sumithra, S/o Rtn Roshan Denzil Sunithra who participated in Little Princess and Little Prince Karnataka competition and won three prizes.



08.05.2026: President Rtn Shashikala Rajavarma was invited as Guest for BNI Ananth Meeting by BNI Ananth Charter President Rtn Renu Jayaram

Vocational Service



10.05.2026: Sangama Kalavider Manipal, MPUC, RC Manipal, Perampalli Youth Forum Jointly organized “Kamana Billu” 10 days Theater Arts Holiday Summer Camp for children. The formal Inauguration was on 10th May. Rtn Sripathi P was one of the organizer. President Rtn Shashikala Rajavarma, Secretary Rtn Vanishree Rao, Rtn Rajavarma Ariga & Rtn Indira Roa were present for the inauguration.



Theme

Public Image



Celebrations



05-MayV	Annette Vindya d/o Rtn A P Achar	Birthday
06-May	Rtn Indira Rao	Birthday
07-May	John Vikram Vatsalan s/o Rtn Nalini V Nair	Birthday
10-May	Rtn Sripathy P and Ann Ushakanti	Anniversary
10-May	Rtn P Ravi Karanth and Ann Saroja R Karanth	Anniversary
11-May	Annette Radhika Shetty d/o Rtn Kusuma Pai	Birthday